



دورة تدريبية للتحضير لاختبار أخصائي السلامة المساعد



AGILE LEADERS
Training Center

28 Sep - 02 Oct 2026
أبوظبي

دورة تدريبية للتخصير للاختبار أخصائي السلامة المساعد

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Course Overview:

The course is an intensive and complete program designed to equip participants with the knowledge and skills needed to successfully pass the ASP certification exam. This course covers the essential domains of safety management, ergonomics, fire prevention and protection, occupational health, environmental management, and safety engineering certification. Tailored for safety managers, directors, engineers, and health and safety professionals, this course provides a strong foundation in occupational health and safety certification, enabling professionals to advance their careers and meet the ASP eligibility requirements. With a focus on practical applications, participants will engage in hands-on training to develop competencies in areas such as risk assessment, incident investigation, and safety program management. The course offers a blend of theoretical knowledge and practical skills, ensuring participants are fully prepared for the ASP exam. With the inclusion of ASP exam syllabus topics, this course stands as the ultimate preparation tool for those seeking ASP certification.

Target Audience:

- Safety Managers
- Safety Directors
- Safety Engineers
- Health and Safety Officers
- Aspiring Safety Professionals

Targeted Organizational Departments:

- Health and Safety Departments
- Engineering Departments
- Environmental Health and Safety EHS Departments
- Human Resources

Targeted Industries:

- Manufacturing
- Construction
- Oil and Gas
- Healthcare
- Utilities and Energy

Course Offerings:

By the end of this course, participants will be able to:

- Master the ASP exam syllabus and domains, including safety management, ergonomics, and environmental management systems.
- Implement safety management training to improve workplace safety.
- Conduct risk assessments and prepare complete safety programs.
- Apply safety engineering certification principles to real-world scenarios.
- Prepare for the ASP certification exam with confidence, using study guides and practice exams.

Training Methodology:

The course uses a combination of interactive training methods to engage participants and help them retain information. Participants will work on case studies to simulate real-world safety challenges, engage in group work to foster collaboration and problem-solving and take part in interactive sessions to gain hands-on experience with key concepts. Feedback sessions are an important part of the training, allowing participants to assess their progress and identify areas for improvement. The course also includes ASP practice exams and study guides to help participants get familiar with the exam format and question types. This approach ensures that participants are well-prepared for the ASP certification exam and can apply their learning to their professional roles.

Course Toolbox:

- ASP Exam Study Guide
- Safety Management Templates
- Checklists and Templates
- Workbooks

Course Agenda:

Day 1: Introduction to ASP and Safety Management Systems

- Overview of the Associate Safety Professional ASP Topic 1:
- Understanding the ASP Eligibility Criteria and Process Topic 2:
- Introduction to Safety Management Systems Topic 3:
- Worksite Assessments: Identifying Risks and Hazards Topic 4:
- Evaluating Risks and Hazard Control Measures Topic 5:
- Developing and Managing Safety Programs Topic 6:
- Recap of ASP Process and Safety Management Fundamentals Reflection & Review:

Day 2: Fire Prevention, Ergonomics, and Incident Investigation

- Fire Prevention and Protection Strategies Topic 1: •
- Ergonomics in the Workplace: Identifying and Controlling Risks Topic 2: •
- Incident Investigation Techniques Topic 3: •
- Maintaining and Evaluating Incident and Loss Records Topic 4: •
- Hazard Recognition and Control Topic 5: •
- Regulatory Compliance and Safety Standards Topic 6: •
- Review of Fire Safety, Ergonomics, and Incident Management Reflection & Review: •

Day 3: Occupational Health, Environmental Management, and Hazardous Materials

- Introduction to Occupational Health and Safety Topic 1: •
- Environmental Management Systems: Implementation and Compliance Topic 2: •
- Managing Hazardous Materials Safely Topic 3: •
- Health Hazard Control: Identification and Mitigation Topic 4: •
- Product Safety and Security Management Topic 5: •
- Emergency Response Planning and Preparedness Topic 6: •
- Summary of Occupational Health, Environmental Management, and Hazardous Materials Reflection & Review: •

Day 4: Safety, Communication, and Record-Keeping

- Effective Safety and Techniques Topic 1: •
- Communication Skills for Safety Professionals Topic 2: •
- Advising Management on Safety Practices Topic 3: •
- Record Keeping: Best Practices and Compliance Topic 4: •
- Accident and Incident Investigation: Case Studies Topic 5: •
- Safety Engineering Principles and Practices Topic 6: •
- Review of The Training, Communication, and Record Keeping Strategies Reflection & Review: •

Day 5: ASP Exam Preparation and Final Review

- Mathematics for Safety Professionals: Key Concepts and Practice Topic 1: •
- Reviewing the ASP Exam Domains: complete Overview Topic 2: •
- ASP Practice Exam: Test-Taking Strategies and Techniques Topic 3: •
- Analyzing ASP Exam Questions: Common Pitfalls and Tips Topic 4: •
- Final Review of Safety Management Systems and Key Concepts Topic 5: •
- Preparing for the BCSP Certification Exam: Final Preparations Topic 6: •
- Final Q&A, Reflection on the Course, and Exam Day Preparations Reflection & Review: •

How This Course is Different from Other Associate Safety Professional ASP Exam Preparation Training Courses:

This course is designed to offer practical exam preparation, setting it apart from other training programs. It covers the ASP exam syllabus thoroughly and integrates safety management training, ergonomics, and environmental management systems, providing a holistic view of safety professional certification. Unlike other courses that focus solely on theoretical knowledge, this course emphasizes real-world applications through case studies, interactive sessions, and group work to ensure participants are well-prepared for the ASP certification exam. Additionally, the course includes ASP practice exams, study guides, and complete checklists to support participants' learning journey, making it an excellent choice for those serious about advancing their careers in safety management.

فئات الدورات التدريبية

الدورات التدريبية في مجال البيئة والاستدامة	دورات إدارة الجودة وتطوير العمليات
دورات إدارة و تحليل البيانات ودورات علم البيانات	دورات إدارة و تطوير الموارد البشرية
دورات الذهن السيرياني ودورات تقنية المعلومات	دورات الاتصال الجماهيري و السياسات والعلاقات العامة
دورات التدريب القانوني والهشتريات والتعاقدات	دورات التسويق وإدارة علاقات العملاء وإدارة المبيعات
دورات الحوكمة وإدارة المخاطر والامتثال	دورات السكرتارية و إدارة المكاتب
دورات الصحة والسلامة والذهن المهني	دورات الصيانة ودورات المجالات الهندسية المتنوعة
دورات المحاسبة و التهويل و دورات الإدارة المالية	دورات المهارات الشخصية وتطوير الذات
دورات في مجالات القيادة والإدارة	دورات معتمدة من قبل هيئات دولية
دورات مكتب إدارة المشاريع وإدارة المشاريع الرشيقية	



معدن التدريب

أكرا غانا	أثينا اليونان	أبوظبي الإمارات العربية المتحدة
الجبيل المملكة العربية السعودية	استنبول تركيا	أهستردام هولندا
الرياض المملكة العربية السعودية	الدوحة قطر	الدار البيضاء المغرب
المنامة مملكة البحرين	الكويت الكويت	القاهرة مصر
بانكوك تايلند	باكو أذربيجان	باريس فرنسا
برلين ألمانيا	برشلونة إسبانيا	براغ جمهورية التشيك
تيليسي جورجيا	بوكيت تايلاند	بورتو البرتغال
جنيف سويسرا	جاكارتا جمهورية إندونيسيا	تورنتو كندا
روما إيطاليا	دبي الإمارات العربية المتحدة	جوهانسبرغ جنوب أفريقيا
سنغافورة سنغافورة	سان دييغو الولايات المتحدة الأمريكية	زنجان تنزانيا
شيكاغو الولايات المتحدة الأمريكية	شرم الشيخ مصر	سيول كوريا الجنوبية
طوكيو اليابان	طشقند أوزبكستان	طرابزون تركيا
فرانكفورت ألمانيا	عن بعد منصة زووم	عمان المملكة الأردنية الهاشمية

مدن التدريب

كيب تاون جنوب افريقيا	كوالالمبور ماليزيا	فيينا النمسا
لندن المملكة المتحدة	لشبونة البرتغال	لانكاوي ماليزيا
مسقط سلطنة عمان	هدريد اسبانيا	ماربيا اسبانيا
ميونخ ألمانيا	ميلان إيطاليا	مونترو سويسرا
	نيويورك الولايات المتحدة الأمريكية	نيروبي كينيا