



دورة تدريبية في إتقان القيادة من خلال تقنيات التدريب الفعال



AGILE LEADERS
Training Center

28 Sep - 02 Oct 2026
أبوظبي

دورة تدريبية في إتقان القيادة من خلال تقنيات التدريب الفعال

المراجع: 31_74837 التاريخ: 28 Sep - 02 Oct 2026 الموقع: أبوظبي الرسوم: 4500 Euro

Mastering Leadership through Effective Coaching Techniques Training Course Overview:

The "Mastering Leadership through Effective Coaching Techniques" training course offers a deep dive into leadership dynamics and the transformative power of coaching. It provides unique insights into the Simpson 3Ds Coaching Model, focusing on the 'Diagnose, Design, Deliver' method, fostering a profound Coaching Mindset Shift. This course encompasses holistic approaches, from Inside-Out Coaching strategies to adopting an Abundance Mindset in coaching sessions. Participants will be enriched with the principles of Authentic Leadership Coaching, Emotional Intelligence in Coaching, and an exploration of the pivotal role of trust in coaching. Our structured coaching conversations training ensures clarity and effective communication, while emphasis on feedback techniques equips leaders with skills for continuous improvement. We proudly champion a Whole-Person Coaching Approach and delve into global challenges through our modules on Global Diversity in Coaching. This training program is essential for any professional eager to elevate their leadership through potent coaching techniques.

Target Audience:

- Senior Managers
- Team Leaders
- HR Professionals
- Department Heads
- Organizational Development Specialists
- Any professional aspiring for leadership roles
- Skills target: Effective Leadership through Coaching, Emotional Intelligence in Coaching, Setting Priorities in Leadership Coaching, Feedback in Leadership Coaching.

Targeted Organizational Departments:

- Human Resources
- Management and Leadership Teams
- Learning & Development
- Operations
- Sales & Marketing

Targeted Industries:

- IT and Tech Firms •
- Consulting •
- Healthcare •
- Financial Services •
- Manufacturing •
- Retail •

Course Offerings:

Participants will acquire skills and knowledge in:

- Proficiency in the Simpson 3Ds Coaching Model. •
- Mastery in Effective Leadership through Coaching techniques. •
- Insight into the differences between Coaching vs Managing. •
- Strategies for Combatting Disengagement through Coaching. •
- Skills in Structured Coaching Conversations and Feedback Techniques. •

Training Methodology:

This training course utilizes a blend of methods to ensure maximum comprehension and engagement. Participants will be exposed to real-life case studies exemplifying the Simpson 3Ds Coaching Model in action. Group work fosters collaboration, allowing peers to share insights on Inside-Out Coaching and Authentic Leadership Coaching practices. Interactive sessions on topics like Abundance Mindset in Coaching keep participants engaged, while feedback sessions, focused on Feedback in Leadership Coaching and Strengths-Based Feedback, offer real-time insights to hone their skills.

Course Toolbox:

- "Mastering Leadership Coaching" Workbook •
- Simpson 3Ds Coaching Model Training Manual •
- Access to our online platform with resources on Inside-Out Coaching. •
- Feedback Techniques Checklist •
- Authentic Leadership Coaching Training Video Series •
- Role-playing scenarios for Coaching Conversations Structure. •
- Tools for Employee Engagement Coaching Assessment •

Course Agenda:

Day 1: Foundations of Coaching and Leadership Techniques

- Introduction to the Coach's Journey and Leadership Evolution Topic 1: •
- Embracing the Realities of Being a Great Coach in Modern Settings Topic 2: •
- Deciphering Coaching: Definitions, Myths, and Realities Topic 3: •
- Understanding Why Every Leader and Manager Should Be a Great Coach Topic 4: •
- Exploring the Impact: How Coaching Can Be a Game Changer Topic 5: •
- The Transformative Power of Coaching in Leadership Reflection & Review: •

Day 2: Techniques and Approaches to Effective Coaching

- Introduction to the Simpson 3Ds Coaching Model Topic 1: •
- The "How-to" of Coaching: Diagnose, Design, Deliver Topic 2: •
- The Journey of Coaching from the Inside-Out Topic 3: •
- Embracing and Modeling an Abundance Mindset in Coaching Topic 4: •
- Leading with Authenticity: Building Trust and Creating Safe Spaces Topic 5: •
- The Interplay of Mindsets and Techniques in Effective Coaching Reflection & Review: •

Day 3: Deep Dive into Coaching Mechanics and Engagement

- Recognizing When and How to Coach: Structured Coaching Conversations Topic 1: •
- The Art of Asking Provocative Questions in Coaching Topic 2: •
- GROW Model and Setting SMART Goals: Blueprint for Success Topic 3: •
- Listening with Empathy: Skills, Pitfalls, and Responding Techniques Topic 4: •
- The Balancing Act: Giving and Receiving Feedback in Leadership Coaching Topic 5: •
- Mastering the Core Mechanics of Coaching Reflection & Review: •

Day 4: Holistic Coaching and Impact on Individuals and Teams

- Coaching for Engagement: Combatting Disengagement and Boosting Morale Topic 1: •
- Harnessing Coaching for Contribution and Becoming a Change Agent Topic 2: •
- Embracing the Whole-Person Coaching Approach: Rituals and Accountability Topic 3: •
- Organizational Transformation: Coaching the 7 Core Factors for Change Topic 4: •
- Bridging Cultures: Coaching Across Global Diversity Topic 5: •
- The Transformative Effect of Holistic Coaching on Teams and Individuals Reflection & Review: •

Day 5: Integration, Application, and Forward Momentum in Coaching

- Making It Stick: Strategies for Long-term Coaching Impact Topic 1: •
- Building Your Personal Coaching Playbook: Strategies and Techniques Topic 2: •
- Distinguishing Coaching vs Managing: The Leadership Difference Topic 3: •
- Servant Leadership and Coaching: Leading with Empathy and Support Topic 4: •
- Preparing for Future Challenges: Avoiding Coaching Burnout and Sustaining Engagement Topic 5: •
- Forward Momentum: Setting Intentions for Future Coaching Endeavors Reflection & Review: •

How This Course is Different from Other Mastering Leadership through Effective Coaching Techniques Training Course:

Unlike other courses, our "Mastering Leadership through Effective Coaching Techniques" training program boasts a comprehensive curriculum, emphasizing the Simpson 3Ds Coaching Model. We deeply understand the value of a Coaching Mindset Shift and prioritize Emotional Intelligence in Coaching. Our focus on Feedback in Leadership Coaching sets us apart, as does our commitment to championing a Whole-Person Coaching Approach. Our modules on Global Diversity in Coaching recognize the globalized business landscape, ensuring leaders are equipped to lead across borders. This course is a culmination of modern coaching strategies, designed for leaders in the making.

فئات الدورات التدريبية

الدورات التدريبية في مجال البيئة والاستدامة	دورات إدارة الجودة وتطوير العمليات
دورات إدارة و تحليل البيانات ودورات علم البيانات	دورات إدارة و تطوير الموارد البشرية
دورات الذهن السيرياني ودورات تقنية المعلومات	دورات الاتصال الجماهيري و السياسات والعلاقات العامة
دورات التدريب القانوني والهشتريرات والتعاقدات	دورات التسويق وإدارة علاقات العملاء وإدارة المبيعات
دورات الحوكمة وإدارة المخاطر والامتثال	دورات السكرتارية و إدارة المكاتب
دورات الصحة والسلامة والذهن المهني	دورات الصيانة ودورات المجالات الهندسية المتنوعة
دورات المحاسبة و التهويل و دورات الإدارة المالية	دورات المهارات الشخصية وتطوير الذات
دورات في مجالات القيادة والإدارة	دورات معتمدة من قبل هيئات دولية
دورات مكتب إدارة المشاريع وإدارة المشاريع الرشيقية	



مدن التدريب

أكرا غانا	أثينا اليونان	أبوظبي الإمارات العربية المتحدة
الجبيل المملكة العربية السعودية	استنبول تركيا	أهستردام هولندا
الرياض المملكة العربية السعودية	الدوحة قطر	الدار البيضاء المغرب
المنامة مملكة البحرين	الكويت الكويت	القاهرة مصر
بالي جمهورية إندونيسيا	باكو أذربيجان	باريس فرنسا
برشلونة إسبانيا	براغ جمهورية التشيك	بانكوك تايلاند
بوكيت تايلاند	بورتو البرتغال	برلين ألمانيا
جاكارتا جمهورية إندونيسيا	تورنتو كندا	تبليسي جورجيا
دبي الإمارات العربية المتحدة	جوهانسبرغ جنوب أفريقيا	جنيف سويسرا
سان دييغو الولايات المتحدة الأمريكية	زنجبار تنزانيا	روما إيطاليا
نصر الشيخ مصر	سيول كوريا الجنوبية	سنغافورة سنغافورة
طشقند أوزبكستان	طرابزون تركيا	شيكاغو الولايات المتحدة الأمريكية
عن بعد منصة زووم	عمان المملكة الأردنية الهاشمية	طوكيو اليابان



مدن التدريب

كوالالمبور ماليزيا	فيينا النمسا	فرانكفورت ألمانيا
لشبونة البرتغال	لأنكاوي ماليزيا	كيب تاون جنوب إفريقيا
هديد إسبانيا	ماربيا إسبانيا	لندن المملكة المتحدة
ميلان إيطاليا	هونتر سويسرا	هسقط سلطنة عمان
نيس فرنسا	نيروبي كينيا	هيونج ألمانيا
		نيويورك الولايات المتحدة الأمريكية