



# دورة إتقان إدارة المشاريع والوقت: استراتيجيات للإنتاجية والنجاح



**AGILE LEADERS**  
Training Center

25 - 29 Jan 2027  
مسقط



## دورة إتقان إدارة المشاريع والوقت: استراتيجيات للإنتاجية والنجاح

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### Course Overview:

Effective project and time management are critical for business success. "Mastering Project & Time Management Training Course: Strategies for Productivity & Success" is a hands-on corporate training program designed to equip professionals with practical skills in project management, time management, and productivity strategies. This course covers essential methodologies such as Agile Project Management, Critical Path Method CPM, and Kanban & Scrum to optimize workflow efficiency.

Participants will explore task prioritization techniques, goal setting strategies, and resource allocation best practices to enhance project execution. The training incorporates time blocking strategies, effective meeting management, and workflow automation to streamline operations and reduce inefficiencies.

By the end of this training, professionals will have a structured approach to managing deadlines, optimizing project timelines, and balancing workloads efficiently. Whether managing multiple projects or seeking to improve personal productivity, this course delivers actionable insights through case studies, interactive exercises, and real-world applications.

### Target Audience:

- Project Managers & Team Leaders
- Business Executives & Decision-Makers
- Agile Coaches & Scrum Masters
- IT & Engineering Professionals
- Operations & HR Managers
- Entrepreneurs & Startups

### Targeted Organizational Departments:

- Project Management Office PMO
- Operations & Strategy
- Human Resources & Training
- IT & Software Development
- Marketing & Sales Teams
- Customer Support & Service Teams

## Targeted Industries:

- Technology & Software Development
- Healthcare & Pharmaceuticals
- Finance & Banking
- Manufacturing & Supply Chain
- Retail & E-Commerce
- Construction & Real Estate

## Course Offerings:

By the end of this course, participants will be able to:

- Develop structured project planning techniques to enhance efficiency
- Utilize Gantt charts and time tracking tools for project execution
- Implement task prioritization techniques and workflow automation
- Master Kanban & Scrum methodologies for agile project management
- Apply risk management strategies to mitigate project delays
- Develop SMART goals to improve time management skills
- Optimize work-life balance strategies for sustainable productivity

## Training Methodology:

This program incorporates an engaging mix of interactive lectures, case studies, group discussions, and real-world problem-solving activities. Participants will engage in:

- Hands-on project simulations using digital project management tools
- Time management exercises focused on practical application
- Scenario-based learning to solve common productivity challenges
- Agile frameworks including Scrum and Kanban case studies
- Individual and team-based strategic planning workshops

## Course Toolbox:

Participants will gain insights into using various tools, including:

- Gantt charts & project scheduling software
- Agile & Scrum boards
- Time tracking applications
- Task prioritization frameworks
- Work efficiency checklists & templates
- Resource allocation and budgeting tools

## Course Agenda:

## Day 1: Fundamentals of Project & Time Management

- Introduction to Project and Time Management Topic 1: •
- Understanding Productivity and Efficiency Topic 2: •
- Goal Setting and Prioritization Techniques Topic 3: •
- Key Project Planning Strategies Topic 4: •
- Task Management and Delegation Best Practices Topic 5: •
- Overview of Agile Project Management Topic 6: •
- Key takeaways and discussion Reflection & Review: •

## Day 2: Advanced Planning & Scheduling Techniques

- Project Scheduling Best Practices Topic 1: •
- Critical Path Method CPM and Gantt Charts Topic 2: •
- Time Tracking for Project Efficiency Topic 3: •
- Managing Multiple Projects Effectively Topic 4: •
- Workload Optimization and Resource Allocation Topic 5: •
- Strategic Time Management for Professionals Topic 6: •
- Recap of key concepts Reflection & Review: •

## Day 3: Agile & Productivity Strategies

- Implementing Kanban & Scrum for Time Management Topic 1: •
- Digital Project Management Tools and Software Topic 2: •
- Effective Meeting Management and Communication Topic 3: •
- Risk Management Strategies in Projects Topic 4: •
- Workflow Automation and Process Optimization Topic 5: •
- Remote Work Productivity and Hybrid Workflows Topic 6: •
- Lessons learned and practical applications Reflection & Review: •

## Day 4: Leadership and Performance Optimization

- Leadership in Project & Time Management Topic 1: •
- Best Time Management Techniques for High Performers Topic 2: •
- Task Prioritization Techniques for Efficiency Topic 3: •
- Continuous Improvement in Project Execution Topic 4: •
- Overcoming Common Productivity Challenges Topic 5: •
- SMART Goals and Performance Metrics Topic 6: •
- Group discussion and feedback Reflection & Review: •

## Day 5: Final Strategies & Work-Life Balance

- Work Efficiency Strategies and Productivity Hacks Topic 1: •
- Finalizing Project Timelines and Deliverables Topic 2: •
- Managing Stress and Avoiding Burnout Topic 3: •
- Work-Life Balance Strategies for Professionals Topic 4: •
- Key Takeaways and Implementation Plans Topic 5: •
- Course Summary and Certification Process Topic 6: •
- Open Q&A and final discussions Reflection & Review: •

### FAQ:

What specific qualifications or prerequisites are needed for participants before enrolling in the course?

This course is designed for professionals at all levels. No prior certification is required, but basic project management knowledge is beneficial.

How long is each day's session, and is there a total number of hours required for the entire course?

Each session lasts 4-5 hours, including interactive activities. The total course duration is 20-25 hours spread over five days.

How can I effectively manage multiple projects simultaneously without feeling overwhelmed?

We cover task prioritization techniques, time blocking strategies, and workflow automation to help manage multiple projects efficiently while maintaining productivity.

How This Course is Different from Other Project & Time Management Courses:

Unlike traditional training programs, this course combines Agile methodologies, real-world project case studies, and hands-on time management exercises to create an engaging learning experience. Participants will walk away with a clear strategic roadmap, ready-to-use checklists, and insight into top project management tools. This training is designed for immediate application, ensuring professionals can implement learned strategies on day one after completion.



## فئات الدورات التدريبية



HR TRAINING & DEVELOPMENT

دورات إدارة و تطوير الموارد البشرية



دورات إدارة و تحليل البيانات ودورات علم البيانات



دورات إدارة الجودة وتطوير العمليات



الدورات التدريبية في مجال البيئة والاستدامة



دورات التسويق وإدارة علاقات العملاء وإدارة المبيعات



دورات التدريب القانوني والمشتريات والتعاقدات



دورات الاتصال الجماهيري و السياسات والعلاقات العامة



دورات النظم السيرياني ودورات تقنية المعلومات



دورات الصيانة ودورات المجالات الهندسية المتنوعة



دورات الصحة والسلامة والأمن المهني



دورات السكرتارية و إدارة المكاتب



دورات الحوكمة وإدارة المخاطر والامتثال



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## فئات الدورات التدريبية



دورات معتمدة من قبل هيئات دولية



دورات في مجالات القيادة والإدارة



دورات المهارات الشخصية وتطوير الذات



دورات المحاسبة و التمويل و دورات الإدارة  
المالية



دورات مكتب إدارة المشاريع وإدارة المشاريع  
الرشيقية

## مدن التدريب



أمستردام - هولندا



أكرا - غانا



أثينا - اليونان



أبوظبي - الإمارات العربية المتحدة



الدوحة - قطر



الدار البيضاء - المغرب



الجبيل - المملكة العربية السعودية



استنبول - تركيا



المنامة - مملكة البحرين



الكويت - الكويت



القاهرة - مصر



الرياض - المملكة العربية السعودية



بانكوك - تايلند



بالي - جمهورية اندونيسيا



بأكو - أذربيجان



باريس - فرنسا

## مدن التدريب



بوكيت - تايلاند



بورتو - البرتغال



برشلونة - إسبانيا



براغ - جمهورية التشيك



جوهانسبرغ - جنوب إفريقيا



جنيف - سويسرا



جاكرتا - جمهورية إندونيسيا



تبليسي - جورجيا



سان دييغو - الولايات المتحدة الأمريكية



زنجبار - تنزانيا



روما - إيطاليا



دبي - الإمارات العربية المتحدة



شيكاغو - الولايات المتحدة الأمريكية



شرم الشيخ - مصر



سيول - كوريا الجنوبية



سنغافورة - سنغافورة

## مدن التدريب



عمان - المهلكة التردنية الهاشمية



طوكيو - اليابان



طشقند - أوزبكستان



طرابزون - تركيا



كيب تاون - جنوب إفريقيا



كوالالمبور - ماليزيا



فيينا - النمسا



عن بعد - منصة زووم



مدريد - إسبانيا



مأرييا - إسبانيا



لندن - المملكة المتحدة



لانكاوي - ماليزيا



ميونخ - ألمانيا



ميلان - إيطاليا



مونترو - سويسرا



مسقط - سلطنة عمان



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## مدن التدريب



نيس - فرنسا



نيروبي - كينيا

# WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

## OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

## OUR MISSION

We are dedicated to developing value-adding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

## WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.



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