دورة تدريبية في استراتيجيات تعزيز الذات وبناء النجاح المهني

27 - 31 Jul 2026

ميلان

AGILE LEADERS
Training Center

دورة تدريبية في استراتيجيات تعزيز الذات وبناء النجاح المهني

المرجع: 36147_51326 التاريخ: 27 - 31 Jul 2026 الموقع: ميلان الرسوم: Euro 5700

The Power Of Yes Versus The Power Of No: Being An Assertive and Agreeable Manager Overview:

Welcome to "The Power Of Yes Versus The Power Of No: Being An Assertive and Agreeable Manager," a unique journey into the realm of interpersonal skills for managers. This course is designed to equip managers with the necessary knowledge to strike a balance between assertiveness and agreeableness. Recognizing the importance of interpersonal skills in the workplace, we explore interpersonal skills types and their practical application in leadership. With a key emphasis on communication and interpersonal skills, participants will learn how to improve interpersonal skills to enhance their effectiveness in the business environment.

Target Audience:

- Team Leaders and Managers
- Project Managers
- HR Managers
- Operation Managers
- Department Heads

Targeted Organizational Departments:

- Human Resources
- Operations Management
- Project Management
- Leadership and Executive Teams

AGILE LEADERS
Training Center

Targeted Industries:

- Information Technology
- Healthcare
- Manufacturing
- Finance and Banking
- Consulting Services

Course Offerings:

- Understanding the balance between assertiveness and agreeableness
- Improving communication and interpersonal skills
- Gaining insights into interpersonal relationship skills
- Developing technical and interpersonal skills
- Understanding the importance of interpersonal skills in leadership

Training Methodology:

The course methodology combines case studies, group work, interactive sessions, and feedback sessions, ensuring a holistic learning experience. We focus on interpersonal skills training, incorporating practical exercises that improve your interpersonal skills and communication. Throughout the course, we will showcase various interpersonal skills in leadership scenarios, offering insights on the application of these skills in real-life situations.

Course Toolbox:

- Interactive Case Studies
- Role-play Scripts for Assertiveness and Agreeableness
- Self-assessment Tools for Evaluating Interpersonal Skills
- E-books and Reading Materials on Leadership Interpersonal Skills
- Workbooks on Improving Interpersonal Skills

Course Agenda:

Day 1: Understanding Interpersonal Skills

- Topic 1: Introduction to Interpersonal Skills Types
- Topic 2: The Balance Between Assertiveness and Agreeableness
- Topic 3: The Importance of Effective Communication in Management
- Reflection & Review: Reflect on the Impact of Interpersonal Skills in the Workplace

Day 2: Assertiveness in Leadership

- Topic 1: The Role of Assertiveness in Leadership
- Topic 2: Techniques for Enhancing Assertiveness
- Topic 3: Balancing Assertiveness and Empathy in Leadership
- Reflection & Review: Reflect on the Use of Assertiveness in Leadership Scenarios

Day 3: Agreeableness in Leadership

- Topic 1: The Impact of Agreeableness in Team Dynamics
- Topic 2: Leveraging Agreeableness for Conflict Resolution
- Topic 3: Balancing Agreeableness and Decisiveness in Management
- Reflection & Review: Reflect on the Importance of Agreeableness in Collaborative Settings

Day 4: The Power of Saying Yes

- Topic 1: Identifying Opportunities for Saying Yes
- Topic 2: The Positive Impact of Yes on Team Morale and Innovation
- Topic 3: Navigating Risks Associated with Yes Decisions
- Reflection & Review: Reflect on Scenarios Where Saying Yes Can Lead to Positive Outcomes

Day 5: The Power of Saying No

- Topic 1: When to Say No: Identifying Situations that Warrant Assertiveness
- Topic 2: Constructive No: How to Communicate Rejections Respectfully and Effectively
- Topic 3: Navigating Risks Associated with No Decisions
- Reflection & Review: Reflect on Scenarios Where Saying No Can Lead to Better Management Decisions

How This Course is Different from Other Soft Skills Courses:

Unlike other courses, "The Power Of Yes Versus The Power Of No: Being An Assertive and Agreeable Manager" provides an in-depth analysis of interpersonal skills in leadership, highlighting the importance of both assertiveness and agreeableness. This course doesn't just focus on the theory, but emphasizes the practical application of interpersonal skills for managers in the workplace. Through interactive case studies, participants will understand how these skills play a pivotal role in interpersonal relationship management, decision-making, conflict resolution, and overall business success. By training interpersonal skills, we aim to enhance your interpersonal effectiveness skills to foster a more cohesive and productive work environment.

AGILE LEADERS
Training Center

فئات الدورات التدريبية

الدورات التدريبية في مجال البيئة والاستدامة

دورات إدارة الجودة وتطوير العمليات

دورات إدارة و تحليل البيانات ودورات علم البيانات

دورات إدارة و تطوير الموارد البشرية

دورات الأمن السيبراني ودورات تقنية المعلومات

دورات الاتصال الجماهيري و السياسات والعلاقات العامة

دورات التدريب القانوني والمشتريات والتعاقدات

دورات التسويق وإدارة علاقات العملاء وإدارة المبيعات

دورات الحوكمة وإدارة المخاطر والامتثال

دورات السكرتارية و إدارة المكاتب

دورات الصحة والسلامة والأمن المهني

دورات الصيانة ودورات المجالات الهندسية المتنوعة

AGILE LEADERS
Training Center

فئات الدورات التدريبية

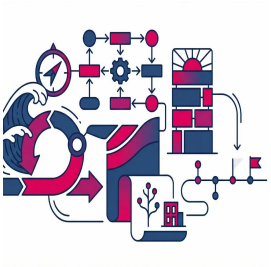
دورات المحاسبة و التمويل و دورات الإدارة المالية

دورات المهارات الشخصية وتطوير الذات

دورات في مجالات القيادة والإدارة

دورات معتمدة بشهادة CPD

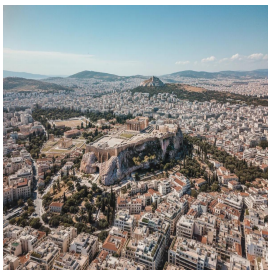
دورات معتمدة من قبل هيئات دولية



دورات مكتب إدارة المشاريع وإدارة المشاريع الرشيقة

AGILE LEADERS
Training Center

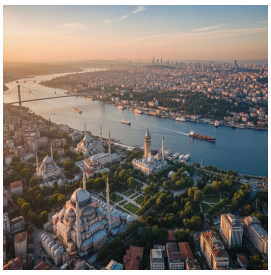
مدن التدريب



أثينا - اليونان

أكرا - غانا

أمستردام - هولندا



اسطنبول - تركيا

الجبيل - المملكة العربية السعودية

الدار البيضاء - المغرب

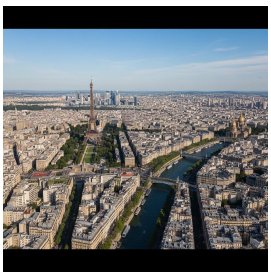
الدوحة - قطر

الرياض - المملكة العربية السعودية

القاهرة - مصر

الكويت - الكويت

المنامة - مملكة البحرين



باريس - فرنسا

باكو - أذربيجان

بالي - جمهورية إندونيسيا

بانكوك - تايلند

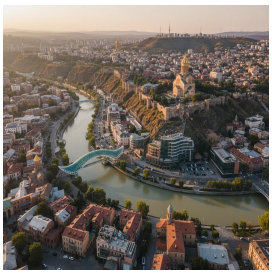
براغ - جمهورية التشيك

AGILE LEADERS
Training Center

مدن التدريب

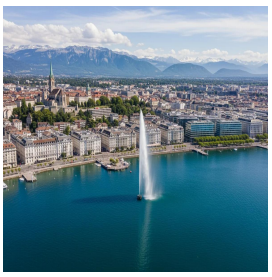
برشلونة - إسبانيا

بوكيت - تايلاند



تبليسي - جورجيا

جاكرتا - جمهورية إندونيسيا



جنيف - سويسرا

جوهانسبرغ - جنوب إفريقيا

دبي - الإمارات العربية المتحدة

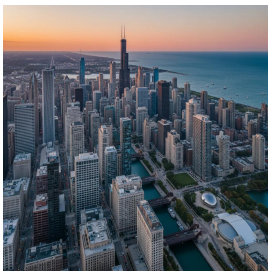
روما - إيطاليا

زنجبار - تنزانيا

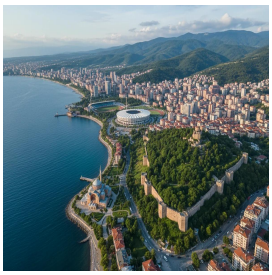
سان دييغو - الولايات المتحدة الأمريكية

سيول - كوريا الجنوبية

شرم الشيخ - مصر

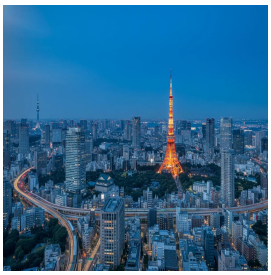


شيكاغو - الولايات المتحدة الأمريكية



طرابزون - تركيا

طشقند - أوزبكستان



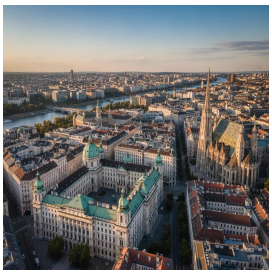
طوكيو - اليابان

AGILE LEADERS
Training Center

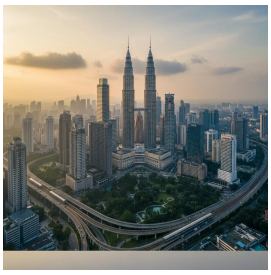
مدن التدريب

عمان - المملكة الاردنية الهاشمية

عن بعد - منصة زووم

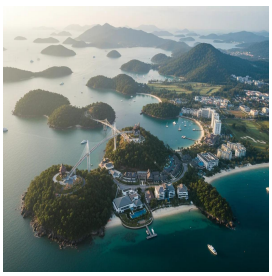


فيينا - النمسا



كوالالمبور - ماليزيا

كيب تاون - جنوب إفريقيا



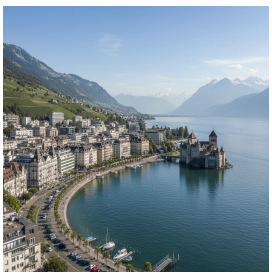
لانكاوي - ماليزيا

لندن - المملكة المتحدة

ماربيا - اسبانيا

مدريد - إسبانيا

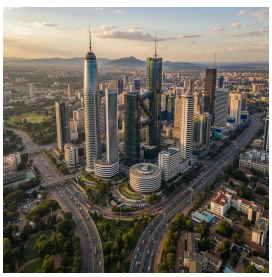
مسقط - سلطنة عمان



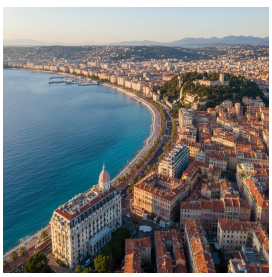
مونترو - سويسرا

ميلان - إيطاليا

ميونخ - ألمانيا



نيروبي - كينيا



نيس - فرنسا

WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

OUR MISSION

We are dedicated to developing value-adding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.

AGILE LEADERS
Training Center

CONTACT US

UAE, Dubai Investment Park First

+971585964727
+447700176600

sales@agile4training.com