



# دورة تدريبية للتحضير للاختبار أخصائي السلامة المساعد



**AGILE LEADERS**  
Training Center

08 - 12 Nov 2026  
كيب تاون



## دورة تدريبية للتخصير للاختبار أخصائي السلامة المساعد

الرجوع: 36318\_42946 التاريخ: 08 - 12 Nov 2026 الموقع: كيب تاون الرسوم: Euro 6000

### Course Overview:

The course is an intensive and complete program designed to equip participants with the knowledge and skills needed to successfully pass the ASP certification exam. This course covers the essential domains of safety management, ergonomics, fire prevention and protection, occupational health, environmental management, and safety engineering certification. Tailored for safety managers, directors, engineers, and health and safety professionals, this course provides a strong foundation in occupational health and safety certification, enabling professionals to advance their careers and meet the ASP eligibility requirements. With a focus on practical applications, participants will engage in hands-on training to develop competencies in areas such as risk assessment, incident investigation, and safety program management. The course offers a blend of theoretical knowledge and practical skills, ensuring participants are fully prepared for the ASP exam. With the inclusion of ASP exam syllabus topics, this course stands as the ultimate preparation tool for those seeking ASP certification.

### Target Audience:

- Safety Managers
- Safety Directors
- Safety Engineers
- Health and Safety Officers
- Aspiring Safety Professionals

### Targeted Organizational Departments:

- Health and Safety Departments
- Engineering Departments
- Environmental Health and Safety EHS Departments
- Human Resources

### Targeted Industries:

- Manufacturing
- Construction
- Oil and Gas
- Healthcare
- Utilities and Energy

## Course Offerings:

By the end of this course, participants will be able to:

- Master the ASP exam syllabus and domains, including safety management, ergonomics, and environmental management systems.
- Implement safety management training to improve workplace safety.
- Conduct risk assessments and prepare complete safety programs.
- Apply safety engineering certification principles to real-world scenarios.
- Prepare for the ASP certification exam with confidence, using study guides and practice exams.

## Training Methodology:

The course uses a combination of interactive training methods to engage participants and help them retain information. Participants will work on case studies to simulate real-world safety challenges, engage in group work to foster collaboration and problem-solving and take part in interactive sessions to gain hands-on experience with key concepts. Feedback sessions are an important part of the training, allowing participants to assess their progress and identify areas for improvement. The course also includes ASP practice exams and study guides to help participants get familiar with the exam format and question types. This approach ensures that participants are well-prepared for the ASP certification exam and can apply their learning to their professional roles.

## Course Toolbox:

- ASP Exam Study Guide
- Safety Management Templates
- Checklists and Templates
- Workbooks

## Course Agenda:

### Day 1: Introduction to ASP and Safety Management Systems

- Overview of the Associate Safety Professional ASP Topic 1:
- Understanding the ASP Eligibility Criteria and Process Topic 2:
- Introduction to Safety Management Systems Topic 3:
- Worksite Assessments: Identifying Risks and Hazards Topic 4:
- Evaluating Risks and Hazard Control Measures Topic 5:
- Developing and Managing Safety Programs Topic 6:
- Recap of ASP Process and Safety Management Fundamentals Reflection & Review:



## Day 2: Fire Prevention, Ergonomics, and Incident Investigation

- Fire Prevention and Protection Strategies Topic 1: •
- Ergonomics in the Workplace: Identifying and Controlling Risks Topic 2: •
- Incident Investigation Techniques Topic 3: •
- Maintaining and Evaluating Incident and Loss Records Topic 4: •
- Hazard Recognition and Control Topic 5: •
- Regulatory Compliance and Safety Standards Topic 6: •
- Review of Fire Safety, Ergonomics, and Incident Management Reflection & Review: •

## Day 3: Occupational Health, Environmental Management, and Hazardous Materials

- Introduction to Occupational Health and Safety Topic 1: •
- Environmental Management Systems: Implementation and Compliance Topic 2: •
- Managing Hazardous Materials Safely Topic 3: •
- Health Hazard Control: Identification and Mitigation Topic 4: •
- Product Safety and Security Management Topic 5: •
- Emergency Response Planning and Preparedness Topic 6: •
- Summary of Occupational Health, Environmental Management, and Hazardous Materials Reflection & Review: •

## Day 4: Safety, Communication, and Record-Keeping

- Effective Safety and Techniques Topic 1: •
- Communication Skills for Safety Professionals Topic 2: •
- Advising Management on Safety Practices Topic 3: •
- Record Keeping: Best Practices and Compliance Topic 4: •
- Accident and Incident Investigation: Case Studies Topic 5: •
- Safety Engineering Principles and Practices Topic 6: •
- Review of The Training, Communication, and Record Keeping Strategies Reflection & Review: •

## Day 5: ASP Exam Preparation and Final Review

- Mathematics for Safety Professionals: Key Concepts and Practice Topic 1: •
- Reviewing the ASP Exam Domains: complete Overview Topic 2: •
- ASP Practice Exam: Test-Taking Strategies and Techniques Topic 3: •
- Analyzing ASP Exam Questions: Common Pitfalls and Tips Topic 4: •
- Final Review of Safety Management Systems and Key Concepts Topic 5: •
- Preparing for the BCSP Certification Exam: Final Preparations Topic 6: •
- Final Q&A, Reflection on the Course, and Exam Day Preparations Reflection & Review: •

## How This Course is Different from Other Associate Safety Professional ASP Exam Preparation Training Courses:

This course is designed to offer practical exam preparation, setting it apart from other training programs. It covers the ASP exam syllabus thoroughly and integrates safety management training, ergonomics, and environmental management systems, providing a holistic view of safety professional certification. Unlike other courses that focus solely on theoretical knowledge, this course emphasizes real-world applications through case studies, interactive sessions, and group work to ensure participants are well-prepared for the ASP certification exam. Additionally, the course includes ASP practice exams, study guides, and complete checklists to support participants' learning journey, making it an excellent choice for those serious about advancing their careers in safety management.



## فئات الدورات التدريبية



HR TRAINING & DEVELOPMENT

دورات إدارة و تطوير الموارد البشرية



دورات إدارة و تحليل البيانات ودورات علم البيانات



دورات إدارة الجودة وتطوير العمليات



الدورات التدريبية في مجال البيئة والاستدامة



دورات التسويق وإدارة علاقات العملاء وإدارة المبيعات



دورات التدريب القانوني والمشتريات والتعاقدات



دورات الاتصال الجماهيري و السياسات والعلاقات العامة



دورات النظم السبراني ودورات تقنية المعلومات



دورات الصيانة ودورات المجالات الهندسية المتنوعة



دورات الصحة والسلامة والأمن المهني



دورات السكرتارية و إدارة المكاتب



دورات الحوكمة وإدارة المخاطر والامتثال



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## فئات الدورات التدريبية



دورات معتمدة من قبل هيئات دولية



دورات في مجالات القيادة والإدارة



دورات المهارات الشخصية وتطوير الذات



دورات المحاسبة و التمويل و دورات الإدارة  
المالية



دورات مكتب إدارة المشاريع وإدارة المشاريع  
الرشيقية

## مدن التدريب



اسطنبول - تركيا



أمستردام - هولندا



أنقرة - تركيا



أثينا - اليونان



الرياض - المملكة العربية السعودية



الدوحة - قطر



الدار البيضاء - المغرب



الجبيل - المملكة العربية السعودية



باريس - فرنسا



المنامة - مملكة البحرين



الكويت - الكويت



القاهرة - مصر



براغ - جمهورية التشيك



بانكوك - تايلاند



بالي - جمهورية إندونيسيا



باكو - أذربيجان

## مدن التدريب



جاكرتا - جمهورية اندونيسيا



تيليسي - جورجيا



بوكيت - تايلاند



برشلونة - اسبانيا



روما - ايطاليا



دبي - الامارات العربية المتحدة



جوهانسبرغ - جنوب افريقيا



جنيف - سويسرا



شرم الشيخ - مصر



سيول - كوريا الجنوبية



سان دييغو - الولايات المتحدة  
الامريكية



زنجار - تنزانيا



طوكيو - اليابان



طشقند - اوزبكستان



طرابزون - تركيا



شيكاغو - الولايات المتحدة  
الامريكية

## مدن التدريب



كوالالمبور - ماليزيا



فيينا - النمسا



عن بعد - منصة زووم



عمان - المملكة الأردنية الهاشمية



ماربيا - اسبانيا



لندن - المملكة المتحدة



لانكاوي - ماليزيا



كيب تاون - جنوب إفريقيا



ميلان - إيطاليا



مونترنو - سويسرا



مسقط - سلطنة عمان



مدريد - إسبانيا



نيس - فرنسا



نيروبي - كينيا



ميونخ - ألمانيا

# WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

## OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

## OUR MISSION

We are dedicated to developing value-adding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

## WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.



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