



# دورة تدريبية في إدارة السلامة والصحة المهنية والإلهام بدليل الامتثال بحسب معايير (OSHA)



**AGILE LEADERS**  
Training Center

14 - 18 Sep 2026  
تيليسي



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المرجع: 36213\_41049 التاريخ: 14 - 18 Sep 2026 الموقع: تبليسي الرسوم: Euro 5000

### Course Overview:

This comprehensive course is meticulously designed for professionals seeking to deepen their understanding of OSHA compliance, workplace safety, and the creation and implementation of safety programs. Through an engaging blend of OSHA compliance training, certification, and practical applications, this course offers a unique opportunity to master OSHA regulations, inspection preparation, emergency action planning, and much more.

Whether it's navigating OSHA's historical framework, understanding employer and employee rights, or implementing effective safety programs in bowling centers, this course covers it all. Participants will learn how to develop robust safety programs, including fire prevention, hazard communication, lockout tagout procedures, and the use of personal protective equipment PPE. By leveraging high-ranking SEO keywords such as "Online OSHA safety training" and "Electrical safety certification online," we ensure that our course remains at the forefront of professional development in workplace safety.

### Target Audience:

- Safety Managers
- Compliance Officers
- Facility Managers especially in bowling centers
- HR Professionals
- Operational Managers This course aims to bridge specific knowledge gaps, prepare for OSHA inspections, and enhance overall safety program development skills.

### Targeted Organizational Departments:

- Human Resources
- Operations
- Facilities Management Focusing on departments responsible for maintaining workplace safety, compliance, and employee training.

### Targeted Industries:

- Entertainment and Recreation especially Bowling Centers
- Manufacturing and Production
- Healthcare
- Construction Industries facing significant safety and compliance challenges will benefit greatly from this course.

## Course Offerings:

By the end of this course, participants will be able to:

- Prepare for and navigate OSHA inspections with confidence.
- Develop and implement comprehensive safety programs.
- Understand and apply OSHA standards to workplace scenarios.
- Enhance workplace safety using effective emergency action and fire prevention plans.
- Utilize hazard communication and lockout tagout procedures effectively.

## Training Methodology:

"Navigating & Mastering the OSHA Compliance Manual" employs a dynamic, interactive training approach combining case studies, group work, interactive sessions, and real-world feedback. Participants will engage in hands-on learning experiences, reflecting the latest trends and regulations in workplace safety. Through immersive activities and practical applications, learners will gain a deep understanding of OSHA requirements, safety program development, and effective communication and implementation strategies. This methodology ensures a comprehensive grasp of course materials, fostering a proactive safety culture within organizations.

## Course Toolbox:

- OSHA Compliance Manual and updates
- Access to online OSHA safety training modules
- Checklists and templates for safety program development
- Emergency action and fire prevention planning guides
- Personal Protective Equipment PPE selection guide

## Course Agenda:

### Day 1: Understanding OSHA Fundamentals

- Topic 1: History and Purpose of OSHA
- Topic 2: Overview of Employer and Employee Rights and Responsibilities
- Topic 3: Navigating Federal vs. State OSHA Programs
- Topic 4: OSHA's Role in Bowling Center Safety
- Reflection & Review: Key insights from OSHA's foundational principles.

### Day 2: Preparing for OSHA Inspections

- Topic 1: Inspection Rights and What to Expect
- Topic 2: Identifying and Addressing Common Violations
- Topic 3: The Citation and Appeal Process
- Topic 4: Best Practices for Bowling Centers
- Reflection & Review: Strategies for successful OSHA inspection preparation.

### Day 3: Developing Effective Safety Programs

- Topic 1: Creating a Safety Program Framework •
- Topic 2: Emergency Action and Fire Prevention Plans •
- Topic 3: Hazard Communication Standards •
- Topic 4: Implementing Lockout Tagout Procedures •
- Reflection & Review: Building robust safety programs. •

### Day 4: Safety Standards and Equipment

- Topic 1: Machine Safeguarding Techniques •
- Topic 2: Electrical Safety and Noise Conservation •
- Topic 3: Respiratory Protection and Hand Tools Safety •
- Topic 4: Ladder Safety and Personal Protective Equipment PPE •
- Reflection & Review: Integrating safety standards into daily operations. •

### Day 5: Maximizing Safety Program Efficacy

- Topic 1: Organizing and Enhancing Safety Programs •
- Topic 2: Utilizing OSHA Consultation Services •
- Topic 3: Safety Inspection and Training Documentation •
- Topic 4: Accessing State OSHA Resources and Compliance Assistance •
- Reflection & Review: Leveraging resources for continuous safety improvement. •

## How This Course is Different from Other Navigating & Mastering the OSHA Compliance Manual Courses:

Unlike other courses, "Navigating & Mastering the OSHA Compliance Manual" offers a unique, in-depth exploration of OSHA regulations, tailored specifically for diverse industries, including a specialized focus on bowling centers.

Our holistic approach encompasses not just theoretical knowledge, but practical tools and strategies for implementing effective safety programs. Participants gain hands-on experience, preparing them to tackle real-world challenges with confidence and expertise. This course stands out by providing actionable insights, a comprehensive toolbox, and access to a network of safety professionals and resources.



## فئات الدورات التدريبية



HR TRAINING & DEVELOPMENT

دورات إدارة و تطوير الموارد البشرية



دورات إدارة و تحليل البيانات ودورات علم البيانات



دورات إدارة الجودة وتطوير العمليات



الدورات التدريبية في مجال البيئة والاستدامة



دورات التسويق وإدارة علاقات العملاء وإدارة المبيعات



دورات التدريب القانوني والمشتريات والتعاقدات



دورات الاتصال الجماهيري و السياسات والعلاقات العامة



دورات النظم السبراني ودورات تقنية المعلومات



دورات الصيانة ودورات المجالات الهندسية المتنوعة



دورات الصحة والسلامة والأمن المهني



دورات السكرتارية و إدارة المكاتب



دورات الحوكمة وإدارة المخاطر والامتثال



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## فئات الدورات التدريبية



دورات معتمدة من قبل هيئات دولية



دورات في مجالات القيادة والإدارة



دورات المهارات الشخصية وتطوير الذات



دورات المحاسبة و التمويل و دورات الإدارة  
المالية



دورات مكتب إدارة المشاريع وإدارة المشاريع  
الرشيقية

## مدن التدريب



أمستردام - هولندا



أكرا - غانا



أثينا - اليونان



أبوظبي - الإمارات العربية المتحدة



الدوحة - قطر



الدار البيضاء - المغرب



الجبيل - المملكة العربية السعودية



استنبول - تركيا



المنامة - مملكة البحرين



الكويت - الكويت



القاهرة - مصر



الرياض - المملكة العربية السعودية



بانكوك - تايلند



بالي - جمهورية إندونيسيا



بأكو - أذربيجان



باريس - فرنسا

## مدن التدريب



تبليسي - جورجيا



بوكيت - تايلاند



برشلونة - إسبانيا



براغ - جمهورية التشيك



دبي - الإمارات العربية المتحدة



جوهانسبرغ - جنوب إفريقيا



جنيف - سويسرا



جاكرتا - جمهورية إندونيسيا



سيول - كوريا الجنوبية



سان دييغو - الولايات المتحدة الأمريكية



زنجر - تنزانيا



روما - إيطاليا



طشقند - أوزبكستان



طرابزون - تركيا



شيكاغو - الولايات المتحدة الأمريكية



شرم الشيخ - مصر

## مدن التدريب



فيينا - النمسا



عن بعد - منصة زووم



عمان - المملكة الأردنية الهاشمية



طوكيو - اليابان



لندن - المملكة المتحدة



لانكاوي - ماليزيا



كاب تاون - جنوب إفريقيا



كوالالمبور - ماليزيا



مونترنو - سويسرا



مسقط - سلطنة عمان



مدريد - إسبانيا



ماربيا - إسبانيا



نيس - فرنسا



نairobi - كينيا



ميونخ - ألمانيا



ميلان - إيطاليا

# WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

## OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

## OUR MISSION

We are dedicated to developing value-adding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

## WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.



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