



# دورة تطوير ثقافة الفريق: استراتيجيات و تقنيات لإرساء ثقافة تعاونية في بيئة العمل



**AGILE LEADERS**  
Training Center

23 - 27 Aug 2026  
كيب تاون



## دورة تطوير ثقافة الفريق: استراتيجيات و تقنيات لإرساء ثقافة تعاونية في بيئة العمل

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### Teamwork and Collaboration Training Overview:

Embark on a comprehensive cooperation and teamwork training course to cultivate indispensable skills for fostering collaboration within teams and elevating team coordination proficiency. This course places significant emphasis on the importance of cooperation and teamwork, offering employees the essential tools and strategies required for seamless collaboration, which in turn leads to heightened productivity and a positively charged work environment. Through interactive sessions, immersive case studies, and insightful feedback discussions, participants gain practical expertise in fostering collaboration while establishing a robust foundation in teamwork cooperation.

### Target Audience:

- Managers and team leaders seeking to enhance team coordination skills and foster collaboration
- Employees at all levels who want to improve their cooperation and teamwork abilities
- Individuals looking to enhance their career prospects by developing essential collaboration skills

### Targeted Organizational Departments:

- Project Management
- Human Resources
- Sales and Marketing
- Customer Service

### Targeted Industries:

- Information Technology
- Healthcare
- Consulting
- Manufacturing

## Course Offerings:

By the end of this cooperation and teamwork training course, participants will be able to:

- Understand the importance of cooperation and teamwork in achieving organizational goals
- Foster collaboration within their teams by utilizing effective communication and conflict resolution techniques
- Develop team coordination skills to ensure efficient workflow and task completion
- Implement strategies to promote a culture of cooperation and teamwork within their organization

## Training Methodology:

This course utilizes a dynamic training approach that includes:

- Interactive group activities and discussions
- Real-world case studies to analyze and solve teamwork challenges
- Role-playing exercises to enhance communication and conflict resolution skills
- Feedback sessions to provide individualized guidance and support.
- Special Techniques used in leadership and teamwork course.

## Course Toolbox:

Participants will receive the following materials and resources:

- Course workbook containing key concepts and exercises
- Reading materials and online resources for further learning
- Collaboration templates and checklists for practical implementation
- Access to relevant software tools to facilitate teamwork and coordination
- Teamwork training videos.
- Teamwork training activities

## Course Agenda:



## Day 1: Introduction to Cooperation and Teamwork

- Topic 1: Teamwork and Cooperation: Fundamentals of Organizational Effectiveness •
- Topic 2: Contextualizing Cooperation •
- Topic 3: Trust, Identity, and Attachment: Promoting Individuals' Cooperation in Groups •
- Reflection & Review: Consolidating Day 1 Learnings and Key Points •

## Day 2: Team Dynamics and Conflict Management

- Topic 4: The Role of Cognition in Managing Conflict to Maximize Team Effectiveness •
- Topic 5: A Contingency Theory of Task Conflict and Performance in Groups and Organizational Teams •
- Topic 6: Managing Workforce Diversity to Enhance Cooperation in Organizations •
- Reflection & Review: Consolidating Day 2 Learnings and Key Points •

## Day 3: Building Effective Work Groups

- Topic 7: Team-based Organization: Creating an Environment for Team Success •
- Topic 8: Power in Groups and Organizations •
- Topic 9: Managing the Risk of Learning: Psychological Safety in Work Teams •
- Reflection & Review: Consolidating Day 3 Learnings and Key Points •

## Day 4: Collaboration in Integrated Organizations

- Topic 10: Cooperation and Teamwork for Innovation •
- Topic 11: Skill Acquisition and the Development of a Team Mental Model: An Integrative Approach to Analyzing Organizational Teams, Task, and Context •
- Topic 12: Intergroup Relations in Organizations •
- Reflection & Review: Consolidating Day 4 Learnings and Key Points •

## Day 5: Collaboration in Alliances between Organizations

- Topic 13: Difficulties Fostering Cooperative Agreements in Multiparty Negotiations: Cognitive, Procedural, Structural, and Social •
- Topic 14: Network Structures and Teamwork •
- Topic 15: Teamwork as Competitive Advantage •
- Reflection & Review: Consolidating Day 5 Learnings and Key Points •

### How This Course is Different from Other Teamwork Training Courses,:

This cooperation and teamwork training course stands out due to its practical and interactive approach. By integrating real-world case studies, hands-on exercises, and valuable feedback sessions, participants acquire actionable insights and effective strategies for immediate application in their work environment. Moreover, the course places a strong emphasis on fostering collaboration within teams, effectively addressing the unique challenges organizations encounter in today's dynamic and diverse workplaces. Through a comprehensive exploration of team coordination skills and a dedicated focus on cultivating a culture of cooperation and teamwork, this course equips participants with essential tools to excel in collaborative work settings.



## فئات الدورات التدريبية



HR TRAINING & DEVELOPMENT

دورات إدارة و تطوير الموارد البشرية



دورات إدارة و تحليل البيانات ودورات علم البيانات



دورات إدارة الجودة وتطوير العمليات



الدورات التدريبية في مجال البيئة والاستدامة



دورات التسويق وإدارة علاقات العملاء وإدارة المبيعات



دورات التدريب القانوني والمشتريات والتعاقدات



دورات الاتصال الجماهيري و السياسات والعلاقات العامة



دورات النظم السيبراني ودورات تقنية المعلومات



دورات الصيانة ودورات المجالات الهندسية المتنوعة



دورات الصحة والسلامة والأمن المهني



دورات السكرتارية و إدارة المكاتب



دورات الحوكمة وإدارة المخاطر والامتثال



## فئات الدورات التدريبية



دورات معتمدة بشهادة CPD



دورات في مجالات القيادة والإدارة



دورات المهارات الشخصية وتطوير الذات



دورات المحاسبة و التمويل و دورات الإدارة  
الهائية



دورات مكتب إدارة المشاريع وإدارة المشاريع  
الرشيقية



دورات معتمدة من قبل هيئات دولية

## مدن التدريب



اسطنبول - تركيا



أمستردام - هولندا



أنقرة - تركيا



أثينا - اليونان



الرياض - المملكة العربية السعودية



الدوحة - قطر



الدار البيضاء - المغرب



الجبيل - المملكة العربية السعودية



باريس - فرنسا



المنامة - مملكة البحرين



الكويت - الكويت



القاهرة - مصر



براغ - جمهورية التشيك



بانكوك - تايلاند



بالي - جمهورية إندونيسيا



باكو - أذربيجان

## مدن التدريب



جاكرتا - جمهورية اندونيسيا



تيليسي - جورجيا



بوكيت - تايلاند



برشلونة - اسبانيا



روما - ايطاليا



دبي - الامارات العربية المتحدة



جوهانسبرغ - جنوب افريقيا



جنيف - سويسرا



شرم الشيخ - مصر



سيول - كوريا الجنوبية



سان دييغو - الولايات المتحدة  
الامريكية



زنبار - تنزانيا



طوكيو - اليابان



طشقند - اوزبكستان



طرابزون - تركيا



شيكاغو - الولايات المتحدة  
الامريكية

## مدن التدريب



كوالالمبور - ماليزيا



فيينا - النمسا



عن بعد - منصة زووم



عمان - المملكة الأردنية الهاشمية



ماربيا - اسبانيا



لندن - المملكة المتحدة



لانكاوي - ماليزيا



كيب تاون - جنوب إفريقيا



ميلان - إيطاليا



مونترنو - سويسرا



مسقط - سلطنة عمان



مدريد - إسبانيا



نيس - فرنسا



نيروبي - كينيا



ميونخ - ألمانيا

# WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

## OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

## OUR MISSION

We are dedicated to developing value-adding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

## WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.



**AGILE LEADERS**  
Training Center

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