



# دورة تدريبية في إتقان القيادة من خلال تقنيات التدريب الفعال



**AGILE LEADERS**  
Training Center

09 - 13 Aug 2026  
كيب تاون



## دورة تدريبية في إتقان القيادة من خلال تقنيات التدريب الفعال

الرجوع: 31\_12482 التاريخ: 09 - 13 Aug 2026 الموقع: كيب تاون الرسوم: Euro 6000

### Mastering Leadership through Effective Coaching Techniques Training Course Overview:

The "Mastering Leadership through Effective Coaching Techniques" training course offers a deep dive into leadership dynamics and the transformative power of coaching. It provides unique insights into the Simpson 3Ds Coaching Model, focusing on the 'Diagnose, Design, Deliver' method, fostering a profound Coaching Mindset Shift. This course encompasses holistic approaches, from Inside-Out Coaching strategies to adopting an Abundance Mindset in coaching sessions. Participants will be enriched with the principles of Authentic Leadership Coaching, Emotional Intelligence in Coaching, and an exploration of the pivotal role of trust in coaching. Our structured coaching conversations training ensures clarity and effective communication, while emphasis on feedback techniques equips leaders with skills for continuous improvement. We proudly champion a Whole-Person Coaching Approach and delve into global challenges through our modules on Global Diversity in Coaching. This training program is essential for any professional eager to elevate their leadership through potent coaching techniques.

### Target Audience:

- Senior Managers
- Team Leaders
- HR Professionals
- Department Heads
- Organizational Development Specialists
- Any professional aspiring for leadership roles
- Skills target: Effective Leadership through Coaching, Emotional Intelligence in Coaching, Setting Priorities in Leadership Coaching, Feedback in Leadership Coaching.

### Targeted Organizational Departments:

- Human Resources
- Management and Leadership Teams
- Learning & Development
- Operations
- Sales & Marketing

## Targeted Industries:

- IT and Tech Firms •
- Consulting •
- Healthcare •
- Financial Services •
- Manufacturing •
- Retail •

## Course Offerings:

Participants will acquire skills and knowledge in:

- Proficiency in the Simpson 3Ds Coaching Model. •
- Mastery in Effective Leadership through Coaching techniques. •
- Insight into the differences between Coaching vs Managing. •
- Strategies for Combatting Disengagement through Coaching. •
- Skills in Structured Coaching Conversations and Feedback Techniques. •

## Training Methodology:

This training course utilizes a blend of methods to ensure maximum comprehension and engagement. Participants will be exposed to real-life case studies exemplifying the Simpson 3Ds Coaching Model in action. Group work fosters collaboration, allowing peers to share insights on Inside-Out Coaching and Authentic Leadership Coaching practices. Interactive sessions on topics like Abundance Mindset in Coaching keep participants engaged, while feedback sessions, focused on Feedback in Leadership Coaching and Strengths-Based Feedback, offer real-time insights to hone their skills.

## Course Toolbox:

- "Mastering Leadership Coaching" Workbook •
- Simpson 3Ds Coaching Model Training Manual •
- Access to our online platform with resources on Inside-Out Coaching. •
- Feedback Techniques Checklist •
- Authentic Leadership Coaching Training Video Series •
- Role-playing scenarios for Coaching Conversations Structure. •
- Tools for Employee Engagement Coaching Assessment •

## Course Agenda:



## Day 1: Foundations of Coaching and Leadership Techniques

- Introduction to the Coach's Journey and Leadership Evolution Topic 1: •
- Embracing the Realities of Being a Great Coach in Modern Settings Topic 2: •
- Deciphering Coaching: Definitions, Myths, and Realities Topic 3: •
- Understanding Why Every Leader and Manager Should Be a Great Coach Topic 4: •
- Exploring the Impact: How Coaching Can Be a Game Changer Topic 5: •
- The Transformative Power of Coaching in Leadership Reflection & Review: •

## Day 2: Techniques and Approaches to Effective Coaching

- Introduction to the Simpson 3Ds Coaching Model Topic 1: •
- The "How-to" of Coaching: Diagnose, Design, Deliver Topic 2: •
- The Journey of Coaching from the Inside-Out Topic 3: •
- Embracing and Modeling an Abundance Mindset in Coaching Topic 4: •
- Leading with Authenticity: Building Trust and Creating Safe Spaces Topic 5: •
- The Interplay of Mindsets and Techniques in Effective Coaching Reflection & Review: •

## Day 3: Deep Dive into Coaching Mechanics and Engagement

- Recognizing When and How to Coach: Structured Coaching Conversations Topic 1: •
- The Art of Asking Provocative Questions in Coaching Topic 2: •
- GROW Model and Setting SMART Goals: Blueprint for Success Topic 3: •
- Listening with Empathy: Skills, Pitfalls, and Responding Techniques Topic 4: •
- The Balancing Act: Giving and Receiving Feedback in Leadership Coaching Topic 5: •
- Mastering the Core Mechanics of Coaching Reflection & Review: •

## Day 4: Holistic Coaching and Impact on Individuals and Teams

- Coaching for Engagement: Combatting Disengagement and Boosting Morale Topic 1: •
- Harnessing Coaching for Contribution and Becoming a Change Agent Topic 2: •
- Embracing the Whole-Person Coaching Approach: Rituals and Accountability Topic 3: •
- Organizational Transformation: Coaching the 7 Core Factors for Change Topic 4: •
- Bridging Cultures: Coaching Across Global Diversity Topic 5: •
- The Transformative Effect of Holistic Coaching on Teams and Individuals Reflection & Review: •

## Day 5: Integration, Application, and Forward Momentum in Coaching

- Making It Stick: Strategies for Long-term Coaching Impact Topic 1: •
- Building Your Personal Coaching Playbook: Strategies and Techniques Topic 2: •
- Distinguishing Coaching vs Managing: The Leadership Difference Topic 3: •
- Servant Leadership and Coaching: Leading with Empathy and Support Topic 4: •
- Preparing for Future Challenges: Avoiding Coaching Burnout and Sustaining Engagement Topic 5: •
- Forward Momentum: Setting Intentions for Future Coaching Endeavors Reflection & Review: •

## How This Course is Different from Other Mastering Leadership through Effective Coaching Techniques Training Course:

Unlike other courses, our "Mastering Leadership through Effective Coaching Techniques" training program boasts a comprehensive curriculum, emphasizing the Simpson 3Ds Coaching Model. We deeply understand the value of a Coaching Mindset Shift and prioritize Emotional Intelligence in Coaching. Our focus on Feedback in Leadership Coaching sets us apart, as does our commitment to championing a Whole-Person Coaching Approach. Our modules on Global Diversity in Coaching recognize the globalized business landscape, ensuring leaders are equipped to lead across borders. This course is a culmination of modern coaching strategies, designed for leaders in the making.



## فئات الدورات التدريبية



HR TRAINING &  
DEVELOPMENT

دورات إدارة و تطوير الموارد البشرية



دورات إدارة و تحليل البيانات ودورات علم  
البيانات



دورات إدارة الجودة وتطوير العمليات



الدورات التدريبية في مجال البيئة والاستدامة



دورات التسويق وإدارة علاقات العملاء وإدارة  
المبيعات



دورات التدريب القانوني والمشتريات  
والتعاقدات



دورات الاتصال الجماهيري و السياسات  
والعلاقات العامة



دورات النظم السبراني ودورات تقنية  
المعلومات



دورات الصيانة ودورات المجالات الهندسية  
المتنوعة



دورات الصحة والسلامة والأمن المهني



دورات السكرتارية و إدارة المكاتب



دورات الحوكمة وإدارة المخاطر والامتثال



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## فئات الدورات التدريبية



دورات معتمدة من قبل هيئات دولية



دورات في مجالات القيادة والإدارة



دورات المهارات الشخصية وتطوير الذات



دورات المحاسبة و التمويل و دورات الإدارة  
المالية



دورات مكتب إدارة المشاريع وإدارة المشاريع  
الرشيقية

## مدن التدريب



أمستردام - هولندا



أكرا - غانا



أثينا - اليونان



أبوظبي - الإمارات العربية المتحدة



الدوحة - قطر



الدار البيضاء - المغرب



الجبيل - المملكة العربية السعودية



استنبول - تركيا



المنامة - مملكة البحرين



الكويت - الكويت



القاهرة - مصر



الرياض - المملكة العربية السعودية



بانكوك - تايلند



بالي - جمهورية اندونيسيا



بأكو - أذربيجان



باريس - فرنسا

## مدن التدريب



تبليسي - جورجيا



بوكيت - تايلاند



برشلونة - إسبانيا



براغ - جمهورية التشيك



دبي - الإمارات العربية المتحدة



جوهانسبرغ - جنوب إفريقيا



جنيف - سويسرا



جاكرتا - جمهورية إندونيسيا



سيول - كوريا الجنوبية



سان دييغو - الولايات المتحدة الأمريكية



زنجر - تنزانيا



روما - إيطاليا



طشقند - أوزبكستان



طرابزون - تركيا



شيكاغو - الولايات المتحدة الأمريكية



شرم الشيخ - مصر

## مدن التدريب



فيينا - النمسا



عن بعد - منصة زووم



عمان - المملكة الأردنية الهاشمية



طوكيو - اليابان



لندن - المملكة المتحدة



لانكاوي - ماليزيا



كاب تاون - جنوب إفريقيا



كوالالمبور - ماليزيا



مونتره - سويسرا



مسقط - سلطنة عمان



مدريد - إسبانيا



ماربيا - إسبانيا



نيس - فرنسا



نairobi - كينيا



ميونخ - ألمانيا



ميلان - إيطاليا

# WHO WE ARE

Agile Leaders is a renowned training center with a team of experienced experts in vocational training and development. With 20 years of industry experience, we are committed to helping executives and managers replace traditional practices with more effective and agile approaches.

## OUR VISION

We aspire to be the top choice training provider for organizations seeking to embrace agile business practices. As we progress towards our vision, our focus becomes increasingly customer-centric and agile.

## OUR MISSION

We are dedicated to developing value-adding, customer-centric agile training courses that deliver a clear return on investment. Guided by our core agile values, we ensure our training is actionable and impactful.

## WHAT DO WE OFFER

At Agile Leaders, we offer agile, bite-sized training courses that provide a real-life return on investment. Our courses focus on enhancing knowledge, improving skills, and changing attitudes. We achieve this through engaging and interactive training techniques, including Q&As, live discussions, games, and puzzles.



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